



Arrest and Control / Ground Fighting

Course Summary:

The course will provide the trainee with the minimum topics of Arrest and Control required in the POST Perishable Skills Training Program (PSP). The trainee will develop the necessary tactical knowledge and skills to safely and effectively arrest and control a suspect. The course consists of a hands-on/practical skills arrest and control training for in-service officers.

Performance Objectives

The trainee will: 1. Identify and articulate the MCSO Arrest and Control Policy. 2. Identify the importance of mental and physical conditioning as it relates to effective arrest and control techniques. 3. Demonstrate to the instructor's satisfaction a minimum standard of arrest and control skills with every technique and exercise, to include: a. Judgment and Decision Making b. Officer Safety c. Body Balance, Stance and Movement d. Searching/Handcuffing Techniques e. Control Holds/Take Downs f. De-escalation, Verbal Commands g. Effectiveness under Stress Conditions h. Personal Body Weapons i. Ground Fighting/Controls