

**MARIN COUNTY SHERIFF'S DEPARTMENT  
CUSTODY DIVISION POLICY AND PROCEDURE MANUAL**

**CHAPTER 10 – MEDICAL**  
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June 11, 2018

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**ACCESS TO TREATMENT**

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**POLICY**

Inmates shall have timely access to care to meet their medical, mental health and dental health needs. The medical services provided to inmates shall be given by licensed health care professionals. Health services provided to inmates shall be in accordance with applicable community and professional standards. If medical services deemed necessary to maintain the health and safety of an inmate cannot be provided on-site, they shall be made available by referral to outside medical service providers. Routine medical, mental health and dental services will be provided in on-site clinic settings to insure adequate confidentiality is maintained during medical interviews, examinations and treatment. Chaperons will be available when appropriate or as required for the safety of personnel. The purpose of this policy is to adhere to the Standards set forth within Title 15, California Code of Regulations, Minimum Standards for Local Detention Facilities, Article 11, Section 1208, ACCESS TO TREATMENT.

**Emergency Access – Medical**

Inmates presented with a life threatening medical condition shall be immediately transported via ACLS ambulance to the nearest emergency room per EMS protocol. The decision of the closest emergency room rests with the responding EMS personnel.

Upon the return of an inmate from acute psychiatric hospitalization to the Marin County Jail, mental health staff will be immediately notified to perform an assessment. The crisis specialist will make recommendations to custody personnel regarding housing placement. If mental health staff is not available, the inmate will be placed on close monitoring until the evaluation can take place.

**Procedure**

Emergency medical services for Marin County are initiated by calling 6911 in the Civic Center and 911 from outside the centrex service. Emergency services are available 24 hours per day.

Marin General Hospital  
250 Bon Air Rd.  
Greenbrae, CA 94904  
(415) 925-7000

Novato Community Hospital  
180 Rowland Way  
Novato, CA 94945  
(415) 209-1300

Kaiser – Terra Linda  
99 Montecillo Rd.  
San Rafael, CA 94903  
(415) 444-2000

## **Mental Health**

Inmates presenting signs of mental or emotional disorders so severe that continued incarceration without intervention would severely compromise the inmate shall be immediately referred to the Marin County Psychiatric Emergency Services Unit located at Marin General Hospital. Any nurse or Sergeant who identifies an inmate as needing emergency psychiatric intervention shall contact the Unit at 499-6666 and request the unit supervisor.

Any nurse, facility staff member, family member or friend may make a mental health referral on behalf of an inmate in Marin County Jail. In addition, the inmate can refer him/her self by filling out a medical request slip and submitting it to the custody or health care staff, or by verbally requesting the service to facility staff. Inmates are instructed in methods to access mental health services during the intake screening process and orientation.

An on-site mental health worker is available seven days a week from 0600-0200. In the absence of the mental health worker, the RN or Deputies may consult with the unit supervisor at the Psychiatric Emergency Services Unit located at Marin General Hospital by calling extension #6666.

An on-call Psychiatrist is available 24 hours a day and can be consulted by contacting the Psychiatric Emergency Services Unit supervisor and requesting to speak to the on-call Psychiatrist. The jail Psychiatrist is available on site three days per week. The mental health worker screens for referrals to the Psychiatrist.

## **Medical Services**

Inmates may request non-emergency medical services by either filling out a medical request slip or by verbally requesting the services from facility or health care staff. Inmates are instructed in methods to access medical services during the intake screening process and orientation.

An RN will triage, provide direct care or refer all requests. Those medical problems requiring the services of a Family Nurse Practitioner or a Doctor shall be referred for evaluation according to the severity of the complaint.

Problems for which the services of the RN are appropriate will be managed by the RN through nursing measures and written protocols.

### **Medical Clinic:**

- Dr. Clinic is held once weekly by MD (up to 12 hours weekly)
- Medical Clinic is held 5-times a week by FNP (up to 56 hours weekly)

### **Sick Call:**

- Sick call is held 7 days a week by Registered Nurses
  - 40-hour a week assignment M-F sick call RN
  - Weekends and Holidays sick call is completed by the Housing RN or Booking RN
- Sick call requests are picked up on a daily basis by the Night RN, triaged, and date stamped
- Any urgent requests are seen by the RN on off shifts, weekends, and holidays
- Requests that are deemed non-urgent are seen by the Sick call RN during weekday sick call

### **Mental Health:**

- Psychiatrist 20-hours weekly (On-Call 24/7)
- Mental Health clinicians 40-hours weekly

## **Medical/Mental Health – Monitoring Inmates in Segregation**

Policy and defined procedures shall be developed and implemented to assure the accessibility of inmates to health care staff, and prompt evaluation of inmates who exhibit signs of deteriorating medical or mental health.

Visual wellness checks will be performed three times per week for each inmate housed in Lockdown and on any status (medical, mental health, discipline). All wellness checks will be conducted and documented by qualified health care personnel.

The RN will be accompanied by a deputy during the Wellness Check. During the Wellness Check, the RN can give the inmate a sick call slip to complete & submit or the RN may refer the inmate as necessary for any follow up work needed.

## **Off-Site Medical/Diagnostic or Laboratory Services**

Off-site medical diagnostic or laboratory services require physician authorization, either through direct order or per written protocol. The RN will complete an Authorization and Consultation Request Form. Date and sign the form on the date the consultation request is made.

### **Off-Site Facilities:**

Quest Labs  
750 Las Gallinas Ave, Ste 101  
San Rafael, CA 94903  
(415) 472-7111

Solano County Public Health Labs  
2201 Courage Dr., MS 9-200  
Fairfield, CA 94533  
(707) 784-4410

Community Mobile Diagnostics, LLC  
10948 Bigge St.  
San Leandro, CA 94577  
(877) 594-9729

The RN will notify the Senior RN or the Senior RN designates to coordinate off-site medical appointments. The Senior RN will coordinate the appointment with the transportation deputy who is responsible for providing timely transportation to off-site medical, diagnostic or laboratory services.

The procedure for transportation of an inmate to an off-site dental appointment is the same as that of the procedure for off-site medical services. The consultation requires authorization and written order of the jail Dentist.

When an inmate is transported for emergency/urgent medical treatment outside the facility, a medical record release form will be completed and signed as soon as practicable. If the inmate is incapable of signing the form a copy of the form will stay with the inmate while he/she is being treated. The medical record release form will be signed at such time the inmate is able. The completed form will be placed in the inmate's booking jacket upon his/her return to the Facility and a copy will be given to the Medical staff. A copy of the completed form will be included with any report or documentation regarding the inmate's emergency/urgent medical treatment.

**RELATED STANDARDS:**

Title 15, Article 11, Section 1208  
IMQ Standards 304, 112, 313, 320

**DATE REVISED**

08/03/94

07/12/05

By order of

JAMIE SCARDINA

BUREAU COMMANDER